

Youth Prevention Education Evidence-Based Model Program Overview

	Implementation parameters required by IDHS				Recommended population		Estimated curriculum costs and training requirements	
YPE Program	Population Type	Target Grades	Number of Sessions*	Length/Frequency of Sessions	Race/ Ethnicity	Community Type	Curriculum Cost	Developer Training Cost
All Stars	Universal Selective	6 th -8 th [2-year program]	Year 1/Core: 13 mandatory sessions and 8 optional sessions Year 2/Booster: 9 mandatory sessions and 6 optional sessions Plus (Optional): 12 mandatory sessions and 5 optional sessions	45 minutes 1-2 times per week	Asian African American Hispanic/Latino White	Rural Suburban Urban	Est. Cost/Student: \$10.00 (Core) \$1 (Booster) Est. Cost/Teacher: \$100.00 (Core) \$80.00 (Booster)	On-site, 2 days (\$1,500/day + travel) Online (\$300)
LifeSkills Training (Middle School Program)	Universal	6 th -8 th [3-year program]	Year 1/Core (6th): 15 mandatory sessions and 3 optional sessions Year 2/Booster 1 (7th): 10 mandatory sessions and 2 optional sessions Year 3/Booster 2 (8th): 5 mandatory sessions and 4 optional sessions	30-45 minutes 1-2 times per week	American Indian/ Alaska Native Asian African American Hispanic/Latino White	Rural Suburban Urban	Est. Cost/Student: \$6.00 (Level 1) \$5.00 (Level 2) \$4.00 (Level 3) Est. Cost/Teacher: \$85.00 (Level 1) \$65.00 (Level 2) \$45.00 (Level 3)	Online or in-person (\$235 + travel if in person)
LifeSkills Training (High School Program)	Universal	9 th -10 th [1-year program]	10 mandatory sessions (core only; no booster sessions)	40-45 minutes 1-3 times per week	American Indian/ Alaska Native Asian African American Hispanic/Latino White	Rural Suburban Urban	Est. Cost/Student: \$6.00 Est. Cost/Teacher: \$85.00	Online or in-person (\$235 + travel if in person)
Lions Quest <i>Chicago only</i>	Universal	6 th -8 th [2-year program]	Year 1/Core: 14 mandatory sessions Year 2/Booster: 12 mandatory sessions	45 minutes 1-2 times per week	American Indian/ Alaska Native Asian African American Hispanic/Latino White	Rural Suburban Urban	Est. Cost/Student: \$5.00 (All Levels) Est. Cost/Teacher: \$150.00 (All Levels)	On-site, 2 days (\$3,500 + travel)
Project ALERT	Universal Selective	7 th -8 th [2-year program]	Year 1/Core (7th): 11 mandatory sessions Year 2/Booster (8th): 3 mandatory sessions	45 minutes 1-2 times per week	American Indian/ Alaska Native Asian African American Hispanic/Latino White	Rural Suburban Urban	Free online	Free online training and support

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Project Northland	Universal	6 th -8 th [3-year program]	Year 1/Core (6th): 5 mandatory sessions Year 2/Booster 1 (7th): 8 mandatory sessions Year 3/Booster 2 (8th): 8 mandatory sessions Class Action 9-12 (optional): 8-10 sessions	6th: 30 minutes/ 1 time per week 7th: 45 min./ 1-2 times per week 8th: 45 minutes/ 1-2 times per week 9-12: 45-50 minutes/ 1-2 times per week	American Indian/ Alaska Native White	Rural Suburban Tribal Urban	Est. Cost/Student: \$2.60 (Level1-3) Est. Cost/Teacher: \$195.00 (Level 1-2) \$210.00 (Level 3)	On-site, 2 days (\$2,200 + travel)
Project Towards No Drug Abuse	Universal Selective	9 th -12 th * [1-year program]	12 mandatory sessions (core only; no booster sessions)	40 minutes 2-3 times per week	American Indian/ Alaska Native Asian African American Hispanic/Latino White	Not specified in the available literature	Est. Cost/Student: \$12.00 Est. Cost/Teacher: \$90.00	On-site, 2 days (\$2,000 + travel)
Too Good for Drugs (Middle School) <i>Two consecutive grade levels must be implemented to meet the requirements for this grant program.</i>	Universal	6 th -8 th [2-year program]	Year 1/Core: 10 mandatory sessions Year 2/Booster: 10 mandatory sessions	30-60 minutes 1-2 times per week	American Indian/ Alaska Native Asian African American Latino White	Rural Suburban Urban	Est. Cost/Student: \$1.99 (All Levels) Est. Cost/Teacher: \$99.95 (All Levels)	On-site, 2-3 days (\$2,000 + travel) <i>Prevention First provides TGFD training at no cost.</i>
Too Good for Drugs (High School)	Universal	9 th -12 th * [1-year program]	10 mandatory sessions (core only; no booster sessions)	50 minutes 1 time per week	American Indian/ Alaska Native Asian African American Latino White	Rural Suburban Urban	Est. Cost/Student: \$1.99 Est. Cost/Teacher: \$395.95 (toolkit)	On-site (\$2,000 + travel) <i>Prevention First provides TGFD training at no cost.</i>

REQUIREMENTS: Booster sessions must be implemented in the subsequent grade level of the core curriculum. Effective FY21, ALL program staff must be trained in the curriculum they are implementing, prior to implementation, and must use the most updated model program curriculum. Providers must also purchase all copyrighted student materials from the developer (it is a copyright violation to copy the materials without developer permission).

**It is highly recommended that high school curricula are implemented in the lower grades (9th or 10th) in order to impact youth at or shortly before the times they are most likely to begin using alcohol, tobacco and other drugs.*