Illinois Alliance on Reducing Underage Drinking December 9, 2020 1:00 PM – 2:30 PM

The Illinois Alliance on Reducing Underage Drinking allows stakeholders to:

- Share current underage drinking prevention efforts being implemented in the State of Illinois.
- Share information on best practices to reduce underage drinking.
- Share data and research on efforts to reduce underage drinking.
- Review the Illinois STOP ACT report.
- Provide a unified front for underage drinking prevention efforts in the State of Illinois.

MINUTES

1:00 – 1:10 PM Rafael Rivera Opening remarks, review purpose of Illinois Alliance, & synopsis of Sept. 29th meeting.

1:10 - 1:15 PM Kellie Henrichs

Welcome, brief introductions, and review of report outs to be presented at this meeting.

1:15 – 1:35 PM Youth Representatives Feedback – Maya, Director of Policy & Legislation as well as Alcohol Policy; Casey, Marketing & Management Committee Director; and Aayush, Parent Outreach Committee Director from Stevenson High School's Catalyst Group presented on their status as teens experiencing COVID-19. They expressed they are adapting to the challenge of social distancing and online learning. Uncertainty is causing distress for teens. They do miss the social aspect of interacting with teachers and friends at school. They are seeing substance use intertwined with mental health and stress issues. They also see parents normalizing alcohol use and giving teens alcohol as a large issue currently. They expressed concern that people are underestimating the severity of the pandemic. Mental health is the overarching concern. They want adults to know that just because they are online voluntarily does not mean adapting to school online is easy. They have experienced far more homework and pressure due to online school. Catalyst is led by Dr. Cristina Cortesi. They have 125 youth, working on 10 committees and subcommittees at Stevenson High School in Lincolnshire.

1:35 – 1:45 PM Madison Palmer – IHEC – Overview of services and resources to share. The Illinois Higher Education Center is located at Eastern Illinois University in Charleston. They provide resources and training for people who work with student at colleges and universities. The provide resources on marijuana legalization to students on EIU campus. They provide virtual programming for alcohol and other drug prevention. Future programming will include prevention for students of color and marginalized communities.

1:45 – 1:50 PM Shannon Alderman – Updates from IDOT

Shannon shared that despite the pandemic, motor vehicle crash fatalities were up by 76 over last year this time. They will review this data in the future to gain clarity on the reasons for the increase. Funding from IDOT typically goes to Law Enforcement. This is the time of year that funding opportunities increase from IDOT. Shannon <u>shared the link</u> to the opportunities home page. You can view current opportunities and subscribe to receive future funding opportunities.

1:50 – 2:05 PM – Scott Hayes – CPRD – Alcohol data report overview Scott presented the comparison among the Monitoring the Future, YRBS, and IYS (data attached). The link to the IYS County Summary Report is <u>here</u>. The links to individual County IYS data frequency reports are also located at the same link.

2:05 – 2:10 PM – Robyn Block – Prevention First – Student Advisory Board Robyn shared the new direction her program is taking. Illinois SADD will continue to be a portion of programming. The new Youth Prevention Resource Center (YPRC) will be debuting in January. They will be rebranding including an updated web site. They will be offering new resources and webinars. The Student Advisory Board will be expanding and will focus on four areas: Traffic Safety, Mental Health & Wellness, Substance Use, and Leadership Development. Robyn would like to encourage youth from all over the state with different backgrounds to apply to be a member of the SAB. You do not have to be a member of a SADD Chapter to be on the SAB as it now represents the YPRC.

2:10 – 2:20 PM Jody Heavilin – APRC – Online resources report out & resources to share. Jody shared the results of the Technology Survey. Thank you to the 30 of you who took the survey. Eighteen Alliance members also agreed to be a resource for technology they identified in the survey. These documents will be shared via email. The APRC is hosting a webinar on January 11th from 10:00-11:30: The Truth About Underage Drinking & Fake ID's. Jermaine Galloway and Mark Baxter are the presenters. This webinar is free but will not be recorded. To register for this webinar, <u>click here</u>. Jody also shared the new infographic on COVID, Stress and Alcohol. The research quoted in the infographic explains how women and adolescent girls drink alcohol to relieve stress or for negative reasons, whereas men drink for celebratory reasons. This infographic is available for <u>download here</u>.

2:20 – 2:25 PM – Updates from members – Share information from Michelle Flagg (ILCC), Donna Cooper (SOS) and Jennifer Martin (IDPH)

Michelle Flagg, Illinois Liquor Control Commission – Monday, December 14th is the deadline to submit information to share in the ILCC newsletter. More information to come on a standalone event on alcohol awareness and BASSET.

Donna Cooper, Secretary of State – The SOS in the Chicagoland area has set up a virtual online presentation for teachers who are part of classroom instruction for Driver's Education. There is an online presentation for the IL Rules of the Road that also includes alcohol and drugs. They are hoping to offer this downstate in the future.

Jennifer Martin, Illinois Department of Public Health, Office of Health Promotion – They have a publication and webinar that focused on a scan of injury, violence and suicide. The priority areas hospitals could choose include alcohol abuse, substance abuse, community

safety, mental health & awareness, and parenting. The webinar will be held on December 10^{th} at 2pm.

2:25 – 2:30 PM Rafael Rivera - Closing remarks