

SUBSTANCE USE PREVENTION

PROFESSIONAL DEVELOPMENT

PREVENTION FIRST
Building community capacity to prevent substance abuse

PREVENTION FIRST RESOURCE CATALOG

Prevention First has a wide variety of online resources available to support substance use prevention specialists in the work that they do. We have professional development resource guides, tip sheets, fact sheets, and other publications available on a wide variety of prevention-related topics. These publications, listed below, are available by clicking on the publication title and are on our website at: www.prevention.org/professional-resources/substance-abuse-prevention-professionals/.

Professional Development Resource Guides

Professional Development Resource Guides provide general information and helpful resources, designed to provide timely guidance in lieu of available training.

- The [Communication Campaign Professional Development Resource Guide](#) serves as a supplement beyond the Planning and Implementing Communication Campaign Training and includes information about IDHS standards, campaign goals and objectives, the campaign development cycle, and a plethora of relevant web-based resources.
- The [Youth Prevention Professional Development Resource Guide](#) serves as a supplement beyond Foundations of Youth Prevention Education Training and includes a complete list and description of IDHS-SUPP approved evidence-based curricula. This reference also includes IDHS-SUPP program implementation standards and serves as valuable go-to resource for the busy prevention educator looking for “tried and true” tips on classroom management strategies.

Tip Sheets

Tip Sheets provide tips and ideas to address specific problems or issues faced when implementing substance abuse prevention strategies.

- The Youth Prevention Education Model Program Tip Sheets offer guidance related to implementation, fidelity and adaptation of each SUPP-approved YPE program. Tip sheets include:
 - > [All Stars Fidelity & Adaptation](#)
 - > [All Stars Implementation](#)
 - > [Botvin LST \(High School\) Fidelity & Adaptation](#)
 - > [Botvin LST \(High School\) Implementation](#)
 - > [Botvin LST \(Middle School\) Fidelity & Adaptation](#)
 - > [Botvin LST \(Middle School\) Implementation](#)
 - > [Lions Quest Fidelity & Adaptation](#)
 - > [Lions Quest Implementation](#)
 - > [Project ALERT Fidelity & Adaptation](#)
 - > [Project ALERT Implementation](#)
 - > [Project Northland/Class Action Fidelity & Adaptation](#)
 - > [Project Northland/Class Action Implementation](#)
 - > [Project TND Fidelity & Adaptation](#)
 - > [Project TND Implementation](#)
 - > [TGFD \(High School\) Fidelity & Adaptation](#)
 - > [TGFD \(High School\) Implementation](#)
 - > [TGFD \(Middle School\) Fidelity & Adaptation](#)
 - > [TGFD \(Middle School\) Implementation](#)



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- The [Coalition Building in Rural Communities Tip Sheet](#) highlights coordination essentials, such as recruitment, membership retention, and maintenance tips for working long-term with multi-sector rural coalition.
- The [Working with the Local Media in Prevention Tip Sheet](#) is a must-have resource that provides the prevention professional with an overview along with helpful hints on how to develop positive, working relationships with the local media.
- The [Art of the Press Release Tip Sheet](#) contains ideas, suggestions, and key questions the prevention professional or organizational leader should consider and reflect upon when aiming to write and submit a compelling press/media release.

Fact Sheets

Fact Sheets are designed to inform the reader about a specific emerging drug trend or prevention concept, including strategies for infusing the information into prevention efforts.

- [Prescription Drugs: Just the Facts](#) defines and details the three classes of most commonly misused prescription drugs, provides Illinois data, resources, references, and tools along with many useful links.
- [E-Cigarettes: Just the Facts](#) defines, describes, and pictures the various types of Electronic Nicotine Delivery Systems (ENDS), discusses national and state data trends, and identifies consequences of use.
- [Marijuana: Just the Facts](#) provides pertinent information about the drug, consequences of use, and recent, relevant Illinois Youth Survey data.
- [Illinois Marijuana Law - Quick Facts](#) extracts and highlights from the comprehensive law which passed into effect on January 1, 2020.
- [How Adolescent Substance Abuse Impacts Learning](#) briefly highlights research-based information related to the rapid changes in the adolescent brain and the adverse, compounding effects youth ATOD use has upon learning.

Additional Resources

Additional resources include:

- The [Model Program Resource](#) provides information about Youth Prevention Education model programs approved by SUPP. Model programs are reviewed against criteria for feasibility and relevance to the RFP. These links will provide you with information to consider when making your program choice.
- The [Virtual Clearinghouse](#) provides links to items that can be downloaded, and in some instances ordered for little/no cost, which could be helpful in your prevention strategies.
- [Substance Abuse Prevention Dollars and Cents: A Cost-Benefit Analysis](#)
- [Prevention Lingo: A Guide to Substance Abuse Prevention Technology](#)
- [Ineffectiveness of Fear Appeals in Youth Alcohol, Tobacco, and Other Drug \(ATOD\) Prevention](#)
- [Effectiveness of Fatal Vision Goggles in Youth Alcohol, Tobacco, and Other Drug \(ATOD\) Prevention](#)
- [White Paper: Opioid Misuse and Overdose in Women](#)