

Youth Prevention Education Evidence-Based Model Program Overview

REQUIREMENTS: Booster sessions must be implemented in the subsequent grade level of the core curriculum. ALL program staff must be trained in the curriculum they are implementing within one year and must use the most updated program curriculum. Providers must also purchase all copyrighted student materials from the developer (it is a copyright violation to copy the materials without developer permission).

OPIOID LESSON REQUIREMENT: In coordination with the delivery of the evidence-based curriculum cycles, deliver an approved additional session(s) addressing opioids. Curriculums that do not have an IDHS approved opioid lesson must use one of the approved lessons on the [SUPP Grantee Information page](#) of the Prevention First Website.

4TH & 5TH Grade (Expansion Grants)

YPE Program	Implementation parameters required by IDHS				Recommended population		Estimated curriculum costs and training requirements	
	Population Type	Target Grades	Number of Sessions*	Length/Frequency of Sessions	Race/Ethnicity	Community Type	Curriculum Cost	Developer Training Cost
Botvin LifeSkills Training (Elementary School Program)	Universal	3 rd -6 th	Level 1 (Grades 3/4): 8 class sessions Level 2 (Grades 4/5): 8 class sessions Level 3 (Grades 5/6): 8 class sessions Does not include an IDHS approved opioid lesson	30-45 minutes 1-2 times per week	Caucasian Black Hispanic	Rural Suburban Urban	Est. Cost/Student: \$5.00 Est. Cost/Teacher: \$95/training set per level	\$250/person (online)
Too Good for Drugs (4 th and/or 5 th grade)	Universal	4 th and/or 5 th	4th grade: 10 sessions 5th grade: 10 sessions Includes an IDHS approved opioid lesson	45 minutes 1 time per week	American Indian/ Alaska Native Asian African American Latino White	Rural Suburban Urban	Est. Cost/Student: \$1.67 Est. Cost/Teacher: \$195.95/Teacher's Manual per grade	Open Enrollment (\$445 + travel)

4/5TH GRADE SPECIFIC REQUIREMENTS: An approved IDHS evidence-based curriculum must be implemented with an entire grade level (4th and/or 5th grade). The curriculum may be implemented in both 4th and 5th grade, but grantees are only required to implement the curriculum across one grade level.

Middle School (6th-8th grade)

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Implementation parameters required by IDHS					Recommended population		Estimated curriculum costs and training requirements	
YPE Program	Population Type	Target Grades	Number of Sessions*	Length/Frequency of Sessions	Race/ Ethnicity	Community Type	Curriculum Cost	Developer Training Cost
<u>All Stars</u>	Universal Selective	6 th -8 th [2-year program]	Year 1/Core: 13 mandatory sessions and 8 optional sessions Year 2/Booster: 9 mandatory sessions and 6 optional sessions Plus (Optional): 12 mandatory sessions and 5 optional sessions Does not include an IDHS approved opioid lesson	45 minutes 1-2 times per week	Asian African American Hispanic/Latino White	Rural Suburban Urban	Est. Cost/Student: \$10.00 (Core) \$1 (Booster) Est. Cost/Teacher: \$100.00 (Core) \$80.00 (Booster)	On-site, 2 days (\$1,500/day + travel) Online (\$300)
<u>Botvin LifeSkills Training</u> (Middle School Program)	Universal	6 th -8 th [3-year program/all 3 years must be delivered]	Year 1/Core (6th): 15 mandatory sessions and 3 optional sessions Year 2/Booster 1 (7th): 10 mandatory sessions and 2 optional sessions Year 3/Booster 2 (8th): 5 mandatory sessions and 4 optional sessions Does not include an IDHS approved opioid lesson	30-45 minutes 1-2 times per week	Caucasian Black Hispanic	Rural Suburban Urban	Est. Cost/Student: \$6.00 (Level 1) \$5.00 (Level 2) \$4.00 (Level 3) Est. Cost/Teacher: \$125.00 (Level 1) \$75.00 (Level 2) \$55.00 (Level 3)	\$250/person (online)
<u>Lions Quest</u> <i>Chicago only</i>	Universal	6 th -8 th [2-year program]	Year 1/Core: 14 mandatory sessions Year 2/Booster: 12 mandatory sessions Does not include an IDHS approved opioid lesson	45 minutes 1-2 times per week	American Indian/ Alaska Native Asian African American Hispanic/Latino White	Rural Suburban Urban	Est. Cost/Student: \$5.00 (All Levels) Est. Cost/Teacher: \$150.00 (All Levels)	On-site, 2 days (\$3,500 + travel)
<u>Project ALERT</u>	Universal Selective	7 th -8 th [2-year program]	Year 1/Core (7th): 11 mandatory sessions Year 2/Booster (8th): 3 mandatory sessions Includes an IDHS approved opioid lesson	45 minutes 1-2 times per week	American Indian/ Alaska Native Asian African American Hispanic/Latino White	Rural Suburban Urban	Free online	Free online training and support

Middle School (6th-8th grade)

YPE Program	Implementation parameters required by IDHS				Recommended population		Estimated curriculum costs and training requirements	
	Population Type	Target Grades	Number of Sessions*	Length/Frequency of Sessions	Race/ Ethnicity	Community Type	Curriculum Cost	Developer Training Cost
Too Good for Drugs (Middle School)	Universal	6 th -8 th [2-year program]	Year 1/Core: 10 mandatory sessions Year 2/Booster: 10 mandatory sessions Does not include an IDHS approved opioid lesson	30-60 minutes 1-2 times per week	American Indian/ Alaska Native Asian African American Latino White	Rural Suburban Urban	Est. Cost/Student: \$1.99 (All Levels) Est. Cost/Teacher: \$99.95 (All Levels)	On-site, 2-3 days (\$2,000 + travel) <i>Prevention First provides TGFD training at no cost.</i>

Two consecutive years of implementation are required for all curricula implemented at the Middle School level, except for Botvins LifeSkills Training in which three years of implementation is required.

High School

YPE Program	Implementation parameters required by IDHS				Recommended population		Estimated curriculum costs and training requirements	
	Population Type	Target Grades	Number of Sessions*	Length/Frequency of Sessions	Race/ Ethnicity	Community Type	Curriculum Cost	Developer Training Cost
Botvin LifeSkills Training (High School Program)	Universal	9 th -10 th [1-year program]	10 mandatory sessions (core only; no booster sessions) Does not include an IDHS approved opioid lesson	40-45 minutes 1-3 times per week	Caucasian Black Hispanic	Rural Suburban Urban	Est. Cost/Student: \$6.00 Est. Cost/Teacher: \$95.00	\$250/person (online)
Project Towards No Drug Abuse	Universal Selective	9 th -12 th * [1-year program]	12 mandatory sessions (core only; no booster sessions) Does not include an IDHS approved opioid lesson	40 minutes 2-3 times per week	American Indian/ Alaska Native Asian African American Hispanic/Latino White	Not specified in the available literature	Est. Cost/Student: \$12.00 Est. Cost/Teacher: \$90.00	On-site, 2 days (\$2,000 + travel)
Too Good for Drugs (High School)	Universal	9 th -12 th * [1-year program]	10 mandatory sessions (core only; no booster sessions) Does not include an IDHS approved opioid lesson	50 minutes 1 time per week	American Indian/ Alaska Native Asian African American Latino White	Rural Suburban Urban	Est. Cost/Student: \$1.99 Est. Cost/Teacher: \$395.95 (toolkit)	On-site (\$2,000 + travel) <i>Prevention First provides TGFD training at no cost.</i>

**It is highly recommended that high school curricula are implemented in the lower grades (9th or 10th) to impact youth at or shortly before the times they are most likely to begin using alcohol, tobacco and other drugs.*