

MY LIFE

I always look forward to growing and learning new things. Drinking alcohol can interfere with my memory and concentration. I'm NOT doing that to myself.

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MY LIFE

There's a lot of things I can't control in life, but I do control what I put in my body. I don't drink alcohol because I know it puts my mind and relationships at risk. It's my choice.

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MY LIFE

EVERY DAY I'M WORKING
TOWARDS BEING A BETTER
ME. I KNOW MY BEST
SELF DOESN'T INCLUDE
UNDERAGE DRINKING.

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MY LIFE

**I surround myself
with people who
like me for me. I
won't change what
I stand for or let
them down by
drinking underage.**

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MY LIFE

I'M AN INSPIRATION
BECAUSE I REFUSE TO
DRINK UNDERAGE. IT
KEEPS ME BEING THE
BEST FRIEND, STUDENT,
AND LEADER I CAN BE.

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MY LIFE

SOMETIMES MY LIFE
CAN FEEL LIKE A
JUGGLING ACT, BUT I
LIKE STAYING BUSY. IT
KEEPS ME FOCUSED
AND OUT OF TROUBLE.
I CAN'T AFFORD TO
RISK IT ALL BY
DRINKING ALCOHOL.

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MY LIFE

I OWN MY CHOICES,
LIKE CHOOSING NOT
TO DRINK ALCOHOL.
I'VE GOT TOO MUCH
AHEAD AND TOO
MUCH IN FRONT OF
ME TO PUT MY
HEALTH AT RISK.

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MY LIFE

I MIGHT NOT BE
EXACTLY WHERE I
WANT TO BE YET, BUT
I'M GETTING THERE.
DRINKING COULD GET
IN THE WAY OF THAT
PROCESS, AND I'M
NOT LETTING THAT
HAPPEN.

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MY LIFE

I make decisions knowing that someone always has eyes on me. Parents... siblings... coaches. I choose to live alcohol-free because I'm not letting the people who care about me down. I'm making them proud.

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