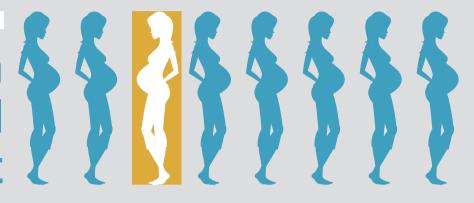




There is no known safe amount of alcohol during pregnancy.

Fetal Alcohol Spectrum Disorders (FASD) is an umbrella term describing the range of effects that can occur in an individual whose mother drank alcohol during pregnancy.

1 in 8 women drink alcohol while pregnant



Unborn babies absorb all alcohol and have the same blood alcohol content as their mothers



90% of people with FASD have mental health problems



Brain Damage

Depression

ADHD

Learning Disabilities

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Cost to raise child in USA \$241,080

Cost to raise child with FASD \$2,000,000



FASD IS 100% PREVENTABLE!

Don't Drink Alcohol While Pregnant

An estimated 40,000 newborns each year are affected by FAS, Fetal Alcohol Syndrome, or have FASD, Fetal Alcohol Spectrum Disorders, with damage ranging from major to subtle.

Sources: www.mofas.org | www.thinkprogressive.org www.fasdcenter.samhsa.gov | www.nofas.org

