

SAC QUICKtips: IMPROVING PROGRESS MONITORING

Improving Progress Monitoring

1. Create a consistently worded measuring system to be used in monitoring progress toward all student goals. Example: Always – often - sometimes – rarely - never
2. Can also use a basic ‘yes’ and ‘no’ when monitoring questions are ‘either’ ‘or’.
3. Use consistent monitoring forms.
4. Set a goal for an intervention, and monitor progress toward the goal.
5. Use wording in creating the goal that can be measured.
6. Keep the goal small enough to be measurable within 3 weeks.
7. Get student input on both setting goals and feedback about accomplishing goals.
8. Look for successes toward the goal.
9. Help the student see successes which motivates students to continue working with the intervention.
10. Create a graph with monitoring results.
11. Share the graph with the student to help motivate further success.
12. Use a student self-assessment form to get a student’s perception of how he / she feels about working toward the goal.

Resources on prevention.org – Professional Resources – Student Assistance: Problem Map, Action Map, Resource Map, Student Assistance Monitoring Form A, B, and C, Student Assistance Progress Monitoring Chart, Motivational Exploration, Student Assistance Forms