

**MY WINNING  
STRATEGY IS BEING  
ALCOHOL-FREE.**

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Service Administration.

**I DON'T  
PLAY THAT!**

**I'M STRAYING IN CONTROL AND  
DECIDING NOT TO DRINK UNDERAGE.**

**THE TRUTH IS MY BRAIN IS STILL DEVELOPING  
WELL INTO 20'S. UNDERAGE DRINKING CAN NEGATIVELY  
AFFECT MY MIND. IT CAN MAKE IT MORE DIFFICULT TO  
FORM MEMORIES, LEAD TO MENTAL HEALTH PROBLEMS,  
AND IMPAIR MY BALANCE, COORDINATION, AND  
DECISION MAKING.**

# UNDERAGE DRINKING IS NOT A GAME!

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